



James
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Elementary

Going Back to School In-Person



What Will That Mean

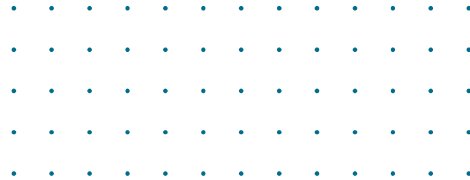
- Adjusting to a new normal that will include

New classroom layouts

New schedules

New protocols

Potential new teachers



Some Feelings that May Come up



Fear

Will it be safe?
Will my students learn effectively?



Excitement

Students may feel excited: Will I be able to see friends? Will I be able to play at recess?



Anxiety

Did I make the right decision? Is everything going to go smoothly?

Relationships May Change

01

Old Friends

Take time to re-establish and renew old friendships.

02

New Friends

Get to know others and make new connections



New Teachers

If you get a new teacher, try to get to know them.

03

School Campus

School might look different than before and that's okay.

04

Establishing New Relationships with Teachers



Questions You May Have

Will the new teacher know or understand me? Will they know what my child needs?



Reach Out First

You can reach teachers through email, text, the Bloomz app, and by phone.



Voice Concerns

Let the teacher know specific concerns you have about your child's education and any questions you have.



You're on the Same Team

Everyone involved wants what's best for your child. Tackle problems together.

Tips for Transitioning Back to In-Person School



Routines

Re-establish bedtime and mealtime routines.

Study Area

Designate a clear place to do schoolwork and to store supplies.

Extra Time

Allow extra time to adjust to new routines and protocols.

Positives

Focus on the positives and the good things about going back in person.

Remote Learning Tips



Work Area

Designate a work area in the home that is equipped with school supplies and everything needed for distance learning.

Breaks

During school days, have your child use breaks to do something they enjoy and that feeds their creativity.

Routine

Put class schedules somewhere that is easily accessible. Set a predictable routine with bedtimes and mealtimes.

Ask for Help

Contact the teacher for help and communicate to them about your child's needs.

Tips on Overcoming Anxiety



Discussions

Have age-appropriate, honest, factual, and open discussions with your child.

Empathy

Think about how your child might be feeling and let them know you care.

Stay Calm & Positive

Check in with your child regularly and let them know that things won't always go smoothly and that's okay.

Coping Strategies

Give your child a few strategies to cope.

Acknowledge What We've Lost



PEOPLE

JOBS

SENSE OF
SECURITY

SO MUCH MORE

Things You Can Say to Your Child

What can I do to help you?

You are not alone.

I am here for you no matter what.



Your feelings are important.

Take your time.

How are you feeling today?

Parent/Guardian Involvement Matters

What's the most accurate predictor of academic achievement? It's not socioeconomic status, nor how prestigious the school is that a child attends.

“The best predictor of student success is the extent to which families encourage learning at home and involve themselves in their child's education.”

PTA, N. (2000). *Building Successful Partnerships: A Guide for Developing Parent and Family Involvement Programs*. (pp. 11-12).